

Beer (Beverages)

Interesting facts: Beer is the world's most widely consumed alcoholic beverage and the third-most popular drink overall (after water and tea). People all over the world just love beer. An average American consumes 23 gallons of the beverage a year. The world's strongest beer is Brewmeister's "Snake Venom". While regular beer usually has about 5% ABV, this Scottish killer has a stomach-burning 67.5% ABV.

How to select: It is not advised to drink beer as it is generally made from gluten grains (barley, wheat) but you can find some organic non-gluten types.

How to store: Store beer in an upright position away from light. Some types can age well and can be stored longer. Check where you purchase if you are going to be storing it for longer than 1 month.